



*St. Cyprian of Carthage
Orthodox Church
in America
Diocese of the South*

2570 Huguenot Springs Road Midlothian, VA (804)897-5212
Mailing Address: P.O. Box 75601 Richmond, VA 23236

July 23, 2017

7th SUNDAY AFTER PENTECOST — Tone 6. Martyrs Trophimus, Theophilus, and 13 others in Lycia (4th c.). Hieromartyr Apollinaris, Bishop of Ravenna (ca. 75). Commemoration of the Miraculous Appearance of the POCHAEV Icon of the Mother of God, which saved the Monastery from the assault of the Tatars and Turks (1675). Icon of the Most-holy Theotokos, "THE JOY OF ALL WHO SORROW" (with coins) in St. Petersburg (1888).

Upcoming Divine Services and Ministry

Saturday, July 22, 6:00pm	Great Vespers
Sunday, July 23, 9:00am	3 rd and 6 th Hours, Divine Liturgy
2017 Diocese of the South (OCA) Annual Assembly	
Saturday, July 29, 6:00pm	Great Vespers
Sunday, July 30, 8:00am	3 rd and 6 th Hours, Divine Liturgy
Tuesday, August 1, 7:00pm	Beginning of Dormition Fast Little Compline with Akathist Hymn
Wednesday, August 2, 7:00pm	Little Compline with Canon of Supplication
Thursday, August 3, 7:00pm	Little Compline with Akathist Hymn
Friday, August 4, 7:00pm	Little Compline with Canon of Supplication
Saturday, August 5, 6:00pm	Vigil
Sunday, August 6, 9:00am	Feast of the Transfiguration of the Lord 3 rd and 6 th Hours, Divine Liturgy
Monday, August 7, 7:00pm	Little Compline with Akathist Hymn
Tuesday, August 8, 7:00pm	Great Vespers
Wednesday, August 9, 7:00am 7:00pm	Divine Liturgy- Glorification of Herman of Alaska Little Compline with Canon of Supplication
Thursday, August 10, 7:00pm	Little Compline with Akathist Hymn
Friday, August 11, 7:00pm	Little Compline with Canon of Supplication
Saturday, August 12, 6:00pm	Great Vespers
Sunday, August 13, 9:00am	3 rd and 6 th Hours, Divine Liturgy
Monday, August 14, 7:00pm	Vigil
Tuesday, August 15 7:00am	Feast of the Dormition of the Theotokos Divine Liturgy

The Primate of the Orthodox Church in America is His Beatitude, The Most-Blessed Tikhon, Archbishop of Washington, Metropolitan of All America and Canada. Our Bishop is His Grace, the Right Reverend Alexander, Bishop of Dallas and the South, and the Bulgarian Diocese.

The next **Women's Book Discussion Group** is set for August 21. A book will soon be announced, as well as a host location for the meeting.

Please remember to pray for all those traveling and participating in the Diocese of the South Annual Meeting in Chattanooga, TN. The weekends before and after the DOS Annual Assembly Fr. David will be serving at St. Tikhon of Moscow Mission, Chattanooga, TN, and Protection of the Virgin Mary Mission, Clarksville, TN. While he is away from St. Cyprian of Carthage these 10 days there will not be weekday services. Fr. Mark will preside for Great Vespers on Saturday evenings (6:00pm, July 22 and 29), and the Divine Liturgy on July 23 and 30. He will also be available for pastoral needs that may arise. His cell phone is (804)892-0800.

Atlas of American Orthodox Monasteries Electronic Edition is Now Available:

<http://assemblyofbishops.org/news/2017/new-atlas-of-american-orthodox-monasteries-now-available>

2017 Gifts of Love – Fellowship of Orthodox Christians in America (FOCA)

This year's project will raise funds to repair and restore the St. Nicholas Chapel, which is part of the Holy Assumption Russian Orthodox Church complex in Kenai, Alaska.

<http://www.orthodoxfellowship.org/giftsoflove.html>

For those wishing to make a contribution in Protodeacon Gregory's memory, a Memorial Fund has been established for the benefit of Matushka Robyn.

<https://www.youcaring.com/matushkarobynhatrak-865628>

On Unexpected Death, By His Grace, Bishop David of Sitka and Alaska

<https://oca.org/reflections/misc-authors/on-unexpected-death>

August 1st is the beginning of the two week fast before the Feast of the Dormition ("Falling Asleep") of the Theotokos. While we should not be concerned about the manner by which our neighbor fasts, each often needing some dispensation out of necessity, we all can practice the discipline ascribed by St. John Cassian to be consistent with the teaching of the Holy Fathers of the Church. The consistent discipline includes not eating until one is filled (sated) but getting up from the table before satiety is met, while one is still able to eat more – thus eating less food, whatever the content may need to be.

During the course of the Dormition Fast, we will often sing Little Compline in the evenings (7pm) including either a Canon of Supplication or the Akathist Hymn to the Theotokos. Add more prayer to your efforts during the fast and join your brothers and sisters at the church.

Don't forget to fill your backpacks so that Matushka Catherine can deliver them after returning from Tennessee. Many thanks to everyone who took a backpack to fill. We will find another way to help our neighbors in the area.

The Feast of the Transfiguration of the Lord occurs on Sunday, August 6, so we will sing the Vigil for the Feast (as it may be augmented for the Resurrection) on Saturday evening at 6:00pm. Following the Divine Liturgy, we will bless fruit. You may bring fruit of any kind, although the custom is to bring grapes (Mediterranean climate) or apples (Northern climate). Should you wish to have the garden vegetables from your garden or the market blessed, you may also bring them. Simply prepare your items in a basket to place on the table to the south (right) of the Sanctuary. Certainly, in the middle of the Dormition Fast we all will be eating a lot of fruits and vegetables. Why not bring them to the church for the customary prayers and blessing with Holy Water?

Tone 6 Troparion (Resurrection)

The Angelic Powers were at Thy tomb;
the guards became as dead men.
Mary stood by Thy grave,
seeking Thy most pure body.
Thou didst capture hell not being tempted by it.
Thou didst come to the Virgin, granting life.//
O Lord, Who didst rise from the dead, glory to Thee.

Tone 4 Troparion (from the Menaion)

Thy holy martyr Trophimus and his companions, O Lord,
Through their sufferings have received incorruptible crowns from
Thee, our God.
For having Thy strength, they laid low their adversaries,
and shattered the powerless boldness of demons.
Through their intercessions, save our souls!

Tone 6 Kontakion (Resurrection)

When Christ God the Giver of Life,
raised all of the dead from the valleys of misery with His mighty
hand,
He bestowed resurrection on the human race.//
He is the Savior of all, the Resurrection, the Life, and the God of
all.

Tone 8 Kontakion (general kontakion for martyrs)

Ye have appeared as bright lamps, O holy martyrs!
Illumine the whole creation with the brightness of your miracles.
Deliver it from infirmity and drive away the deep darkness,
always interceding before Christ God for us all.

Tone 6 Prokeimenon

O Lord, save Thy people, and bless Thine inheritance!
(Ps 27/28:9)
v: To Thee, O Lord, will I call. O my God, be not silent to me!
(Ps 27/28:1)

Epistle Romans 15:1-7

Tone 6 Alleluia, Alleluia, Alleluia!

v: He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God. (Ps 90/91:1)

v: He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust." (Ps 90/91:2)

Gospel Matthew 9:27-35

Communion Hymn

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1) *Alleluia, Alleluia, Alleluia!*

Glory to Thee, O Lord, Glory to Thee!

Only those who are baptized Orthodox Christians making preparation by fasting and a recent confession should approach to receive Holy Communion. Confession (the Mystery of Repentance) is always available, only needing communicate one's need with the priest and making arrangement to participate in this Holy Mystery. It is always assumed that following the Vigil or Great Vespers (or other services at the Church during the week) time is available for those prepared to offer their confession. Again, one only need ask so that it may be done. When a second priest is serving on Sunday morning, their may be time before or at the beginning of the Divine Liturgy, but this must not be assumed to be available, but communicated with the priest. It is almost always impossible for a single priest to provide time for confessions on Sunday morning without making effort to amend his routine for the traditional prayers, which He may be willing and able to do, but this should not be assumed.

SCHEDULED RESURRECTION VIGILS WILL BEGIN AT 6:00PM ON SATURDAY WITH THE HOUR PRIOR MADE AVAILABLE FOR CONFESSIONS – FAMILIES WITH CHILDREN ESPECIALLY, but not limited to families with children. Generally, the priest will not begin to hear another confession at 5:50 in order to be prepared to begin the service. Notice opportunities with other weekday services to prepare and offer your confession.

Also, there will be a choir practice from time to time (check with Anna Arnold).

Subscribe to the **Google Group** stcyprianofcarthageoca@googlegroups.com to send and receive email among subscribers to the group. Announcements may be made from time to time to the google group as well as the parish email list – which means you may receive two of the same email.